

North Cumbria ICC fact sheet

Integrated Care Communities (ICCs)

What is an ICC and why do we need them?

ICCs aim to address the challenges of an aging population and increasing demand by joining up health and care services, providing more out of hospital care and empowering people to take control of their health and wellbeing.

North Cumbria has been divided into eight ICCs based on groups of GP practices and their patients. Each will follow the same approach but with flexibility to tailor services to the needs of local people.

Who is involved?

Health and social care professionals, GPs, the voluntary sector and the community will work as one team to support the health and wellbeing of local people. This includes mental health teams to ensure mental and physical health are not treated in isolation.

The community will work with health and care teams to develop future services, using their experience and local knowledge. This is called co-production and will be a key element of ICCs.

How will ICCs work?

Each ICC will have a hub which co-ordinates care for the local people. It will provide administrative support and a single point of contact for any professional referring people to ICC services. The hub will coordinate a rapid response when someone's health or care needs deteriorate which sees health and care staff put steps in place to help them avoid a hospital stay and help people get home from hospital sooner.

People with long term conditions will be supported to stay well and there will be a focus on local support to help people chose a healthy life style. Each ICC will provide the same core services in addition to services specific to the health and care needs of local people.